

**FRSITO STRUCTURED TRAINING PROGRAMME NC OCCUPATIONAL HEALTH AND SAFETY
(WORKPLACE SAFETY) (LEVEL 3) VERSION 4 52 CREDITS**

Trainee Name:

NZQA #:

This programme has a total credit value of 52 credits - 11 compulsory credits and 41 elective credits.
A minimum of 40 credits must be at Level 3 or above.

The following unit standards are *Compulsory*

Unit ID	Description	Level	Credit	Holds
497	Demonstrate knowledge of workplace health and safety requirements	1	3	
17593	Apply safe work practices in the workplace	2	4	
17602	Apply hazard identification and risk assessment procedures in the workplace	3	4	
TOTAL				

ELECTIVES

A minimum of 41 credits is required from the electives to meet the qualification requirements.
Ensure that you have identified any prerequisite(s) unit standard(s), and if necessary include these unit standards in the elective list if they are not already held.

Elective A

Select a minimum of 25 credits from the units from the domain Occupational Health and Safety Practice.

Note: If the trainee already holds the unit then include it at the level and credit value on their RoL; or if a stated elective then the level and credit value in the qualification.

[Click here for a list of recommended unit standards.](#)

Unit	Description	Level	Credit
TOTAL			

Please go to next page to continue

Elective B

Select the balance of credits, if required, from the recommended unit standards to meet the qualification requirements.

Note: If the trainee already holds the unit then include it at the level and credit value on their RoL.

[Click on this link to provide details](#)

Unit	Description	Level	Credit
TOTAL			0

Overall programme totals

Overall programme total

Compulsory		
Elective A		
Elective B		0
TOTAL		

..... Signed (Employer/Host)
..... Signed (Trainee)
..... Date

Attach a copy of this schedule to the signed and completed Training Agreement and return to:

**FRSITO
PO Box 11 988
WELLINGTON**

**STRUCTURED TRAINING PROGRAMME NC OCCUPATIONAL HEALTH AND SAFETY
(WORKPLACE SAFETY) LEVEL 3 VERSION 4**

* denotes a prerequisite

Elective A

DOMAIN - OCCUPATIONAL HEALTH AND SAFETY PRACTICE

Unit ID	Description	Level	Credit
17589*	Monitor, control and audit work permit systems	4	5
17590	Issue worksite specific work permits	3	6
17592	Identify the causes of back injury and methods to prevent back injuries in the workplace	3	4
17594	Demonstrate knowledge of hearing conservation in the workplace	3	3
17595	Explain health and safety management requirements for contractors working on site	4	8
17596	Demonstrate knowledge of safety observer responsibilities in the workplace	3	8
17599	Plan a confined space entry	4	5
17600	Explain safe work practices for working at heights	3	3
17601	Produce an occupational health and safety incident investigation	4	6
17602	Apply hazard identification and risk assessment procedures in the workplace	3	4
18408	Demonstrate knowledge of fire and emergency warden duties in the workplace	3	3
18410	Manage hazard identification and control on plant and machinery	4	4
18412	Explain the requirements of the Hazardous Substances and New Organisms Act 1996	4	6
18426	Demonstrate knowledge of hazards associated with confined space	3	4
19521	Explain the requirements of the Health and Safety in Employment (HSE) Act 1992	4	5
20198	Identify the roles and responsibilities of the health and safety representative in the workplace	4	8
20645	Describe the requirements of the HSNO Act 1996 relevant to approved handlers	3	3
20733	Demonstrate knowledge of safe storage and handling of hazardous substances in the workplace	3	4
21467	Store and handle workplace chemicals	3	8
25044	Wear and operate compressed air breathing apparatus in the workplace	3	4
25045	Employ height safety equipment in the workplace	3	4
25510	Operate an atmospheric testing device to determine a suitable atmosphere exists to work safely	3	4

ELECTIVE B

DOMAIN - WORKPLACE FIRE AND EMERGENCY RESPONSE

Unit ID	Description	Level	Credit
16799	Carry out the duties of a workplace emergency warden	3	4
16800	Take action to control small emergency situations in a workplace	3	4

16801	Participate in a workplace emergency response team	3	4
16802	Act to protect people in situations of workplace danger	3	4
16803	Coordinate workplace emergency response team activities in an emergency	5	6
16806	Establish a workplace emergency response team	5	6
16807	Lead an emergency response team to protect people in situations of critical risk	5	6
16808*	Manage the workplace emergency response to an emergency	5	7

DOMAIN - POWERED INDUSTRIAL LIFT TRUCKS

Unit ID	Description	Level	Credit
10851	Operate a powered industrial lift truck fitted with forks (forklift)	3	7
10852	Operate a powered industrial lift truck (PILT) fitted with attachments on a worksite	3	3

DOMAIN - CORE HEALTH

Unit ID	Description	Level	Credit
6400*	Manage first aid in emergency situations	3	2
6401*	Provide first aid	2	1
6402	Provide resuscitation level 2	1	1

DOMAIN - FOREST OPERATIONS

Unit ID	Description	Level	Credit
43	Maintain a chainsaw	3	10
23411	Demonstrate basic chainsaw operation in a commercial forestry situation	3	12
24574	Demonstrate knowledge of, and contribute to, worksite health and safety for commercial forestry operations	3	3
24579	Demonstrate knowledge of incident response in plantation forests	3	5

DOMAIN - PETROCHEMICAL OPERATIONS COMMUNICATION AND RESPONSES

Unit ID	Description	Level	Credit
9524	Establish the causes and location of reported faults in a petrochemical process at a petrochemical plant	4	5
9626	Coordinate and manage site safety control systems in a petrochemical workplace	4	5
9629	Operate emergency response equipment in a petrochemical workplace	3	4

DOMAIN - PETROCHEMICAL PROCESS AND PRODUCT MANAGEMENT

Unit ID	Description	Level	Credit
9486	Identify and apply quality management processes in a petrochemical workplace	3	4

9601	Perform and document routine process tests in a petrochemical workplace	3	4
9609	Monitor atmospheric emissions in a petrochemical workplace	3	3
18285	Control spills and emissions in a petrochemical workplace	4	6
18286	Control hazardous substances and waste materials for disposal from a petrochemical workplace	4	7

DOMAIN - SEA SURVIVAL AND SEA SAFETY

Unit ID	Description	Level	Credit
4132	Implement damage control techniques and procedures	4	8
4133	Respond to personal injury to crew and passengers	4	12
4138	Control and extinguish fire	3	4
4139	Maintain on board fire fighting equipment and carry out fire safety planning	3	4
4141	Coordinate fire fighting activity	4	3
4142	Implement abandon ship activities and sea survival procedures	4	3
4143	Conduct sea survival operations	3	4
4144	Respond to and signal distress	3	2
6914	Control recreational craft by day in sight of land	3	4
12309	Demonstrate knowledge of abandon ship procedures and demonstrate sea survival techniques	3	10
15028	Demonstrate crowd control during a marine emergency onboard a passenger vessel	3	3

Please note other unit standards may be used to meet the qualification requirements. Contact your FRSITO Regional Training Coordinator for details.