

**FRSITO STRUCTURED TRAINING PROGRAMME LCP OCCUPATIONAL HEALTH AND SAFETY
(WORKPLACE SAFETY) (LEVEL 1) VERSION 3 20 CREDITS**

Trainee Name:

This programme has a minimum of 20 credits selected from the lists below.

Select a minimum of 14 credits from the following list. Please enter the credit value in the **Select** column.

Unit ID	Description	Level	Credit	Select
497	Protect health and safety in the workplace	1	3	
17593	Apply safe work practices in the workplace	2	4	
2977	Read texts for practical purposes	1	4	
3483	Fill in a form	1	4	
3490	Write an incident report	1	3	
TOTAL				

Elective

Select the balance of credits from the unit standards in the attached schedule.

Please enter the credit value in the **Select** column.

[Click here for details.](#)

Unit ID	Description	Level	Credit	Select
TOTAL				

Compulsory
 Elective
TOTAL

..... Signed (Employer/Host) Signed (Trainee) Date	
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Attach a copy of this schedule to the signed and completed Training Agreement and return to:
FRSITO
PO Box 11 988
WELLINGTON

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* denotes a prerequisite

Select from the following unit standards

DOMAIN - FIRE AND RESCUE SERVICES - GENERIC FIRE FIGHTING

Unit ID	Description	Level	Credit
3278	Demonstrate knowledge of command and control structure of an emergency service provider	1	2
3270	Establish and deliver water supplies for fire fighting	2	3

DOMAIN - FIRE AND RESCUE SERVICES - STRUCTURAL AND INDUSTRIAL

3283	Demonstrate knowledge of personal safety at fire and emergency incidents	2	4
3309	Carry out and report on inspections for fire and rescue risk planning	2	2

DOMAIN - WORKPLACE EMERGENCY RISK MANAGEMENT

16798	Take preventative measures against emergencies in the workplace	2	3
17279	Demonstrate knowledge of the coordinated incident management system (CIMS)	2	2

DOMAIN - WORKPLACE FIRE AND EMERGENCY RESPONSE

3271	Suppress fire with hand extinguishers and fixed hose reels	2	1
4647	Explain principals of fire science	2	1
16797	Identify, prepare for, and take action in a workplace emergency	2	3

DOMAIN - CORE HEALTH

6402	Provide resuscitation level 2	1	1
6401*	Provide first aid	2	1
6400*	Manage first aid in emergency situations	3	2

DOMAIN - OCCUPATIONAL HEALTH AND SAFETY PRACTICE

19522	Undertake job safety analysis	2	4
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DOMAIN - WRITING

3490	Write an incident report	1	3
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**Please note: other unit standards may be used to meet the qualification requirements.
Contact your FRSITO Regional Training Coordinator for details.**